TIPS & PRACTICAL APPLICATIONS WITH PLASMA ENERGY
PART- 7
WILL CONTINUE

Gunay Apak
Can Apak
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For those seeking easy applications against Complicated or Simple Health Issues

Effective techniques, frequently recommended by Mr. Mehran Keshe
The following are a compilation of several workshops, as we have understood them.

Our Aim is to improve our health and also share this information publicly with those who are seeking knowledge, in as clear and simple form as possible.

Any contribution to improve this knowledge will be appreciated by the universe as well as us.
How does the Plasma Energy Work-1

• Generally, coil or tube Healing Units create an environment to help us to target an organ.
• Use the breathing device not for lungs only but also to clear the emotions from the targeted organs.
• Put the specific patches for the diseased organs.
• The patches sometimes work instantly sometimes take a longer time to work.
How does the Plasma Energy Work-2

- People are still dealing with emotions. 99% of diseases are psychosomatic.
- Mr. K says «you will heal people in seconds if you get rid of emotion».
- The help you create is aimed at the mid-brain, the thalamus and hypothalamus that control the emotions.
- We have trapped the emotions in. We have to open the door to let the emotions to flow. ZnO opens this door for flow.
How to use Ganses effectively - 1

By creating cleaning and curing action in the diseased area through the infinity loop, formed due to «attraction – repulsion» between various Ganses.

TEPCO has reported CO₂ and ZnO Gans Waters are «not toxic».
How to use Ganses effectively - 2

- Making equal sized patches of the same Gans water with different concentrations (diluting to 30 to 50%).
- Amount of Gans material per unit area of the patch is important.
- Sandwiching the effected area between these two patches and cleaning the diseased area by the creating an infinity loop,
- Using them for 1-2 hrs, 2-3 times per day.
- For drinking and spraying use only Gans Water
- In tubes and patches gans itself can be added if needed. (Consult an expert)
Cold and Influenza
Recipe of Carolina Keshe

• If you have early symptoms like headaches, sore throat, spray CO$_2$ Gans water round your hair line, on your forehead, front and back sides of your ears. The pain can go within minutes. You repeat the spraying. The Plasma water releases pains faster than pain tablets. CO$_2$ can kill viruses.

• Also, always use a bit of lemon juice in the mouth.

• Take a drop of lavender essential oil rub under the nose and one drop in the mouth together with the CO$_2$ Gans water.

• Rub your hands with CO$_2$ water to protect against cold and frostbite. Try it, CO$_2$ gans can't freeze-up
Muscle Tissue Damage
Muscular Atrophy and Cuts

• If muscle tissue has fiber damage due to muscle tissue spasm, or rupture
• First use CuO spray. Subsequent CO$_2$+ZnO spray is very helpful.
• Spray CO$_2$+ZnO plasma water on one side, spray CuO to the other side of area. Add Amino acids also; they are very effective.
• You can even spray Ganses on your mattress.
• Heavy cut-wounds can be healed similarly.
Muscular Atrophy in the neck

For muscular atrophy in the Neck use spongy support to make a bag around the neck (in two parts) Gans of
3 parts CuO + 3 parts CO2 + 1 part CH3 also add ZnO
Migraine, Pain and Tendernessness

In case of pain, migraine, tissue tenderness and hematoma, spray the area with CO$_2$ containing some amino acid.

Mr. Keshe underlines that «CuO should not be used in the head and brain area». 
Epileptic Attacks and Hematoma

- When there is convulsion during epileptic attacks, use potassium with CO₂ and ZnO. Recovery is expected in 90 days. Parathyroid and pancreas have the role of producing potassium to prevent convulsion.
- In epileptic attack, MgO is also important.
- CaO is used in brain haemorrhage. You need to put (CO₂+ZnO+CaO) patches on the head.
Anaemia

- In case of anemia, bone marrow is not producing sufficient red corpuscles. Activation is needed.
- Cover the major joints with patches of $(\text{CH}_3+\text{CO}_2)$ and $+\text{a little aminoacid}$.
- Red cells are produced in bone marrow. You have to aspirate bone marrow. You have to go to the crown of the bone. When you change the crown of the bone marrow also changes.
- You put patches to knee caps or the hips.
- $\text{CO}_2 + \text{ZnO}$ patches are mostly used with addition of calcium and magnesium for the bones.
Leukaemia

In case of leukaemia, cause of the emotion has to be detected. If leukaemia is emotional, it is easy. Give ZnO and CO$_2$ drink. **3 table spoon of mixture drink X 3 times per day.**

Never use CH$_3$. Red cells are produced in bone marrow. You have to aspirate bone marrow as in Anemia. When you change the crown the bone marrow also changes. You put patches to knee caps or the hips.

In Leukaemia, you have to find out which bone is creating problem. Find the affected joint and Use patches on this joint. CO$_2$+ ZnO patches are mostly used with addition of Calcium and Magnesium for the bones.
Bone Marrow stimulation is a must. You can stimulate the bone marrow in the femur area. Gravitational effect pulls out, from the body. Magnetic effect strengthens the body. North pole is to strengthen the bone marrow. To pulling we need south. North pole adds. Put patches of CO$_2$ to both sides of femur, knee or elbow.

**Add few drops of CUO$_2$ and ZnO. CUO$_2$ is needed to strengthen muscle tissues inside the bone.**

Left side creates the right side, right side creates the left side.
MTK's Autism formula:

**A mix of Gans water of CO$_2$ (4)+ ZnO (4) + a touch of Amino Acid from ZnO + CaO (2)**

1. Drink the plasma water of it 3-4 table spoons, 3 times per day
2. Place patch of it - under pillow for an hour or two at night to allow the elevation of the brain, The production of the cells of the brain.

**Do not give them CH$_3$**

What happens on these entities is that (vaccines, effect of mercury) the mercury goes and wraps up the neural cells blocking them, so the Zinc will help to detach the Mercury from the cells takes around two years to bring this entity to normal repairs the damage done to the emotional neural systems.

3. Make a breathing tube. Breathing tube and a tube helmet with % 80 and %20 ZnO is recommended.
Anorexia is a psychological disorder where patient does not eat and sleeps.

Against anorexia, give plenty of magnesium.

- Also give ZnO and CaO Gans water to drink, 3 times a day.
- To Change the genetic code,
  
  \[4 \text{ parts } \text{CO}_2 + 4 \text{ parts } \text{ZnO} + 1 \text{ part } \text{CO}_2 \text{ one drop of phosphorus Gans water } + 1 \text{ Amino Acid as drink.}\]

- Give 1-2 drops Mg Gans water in the drink.
- Immediate change can be expected in 5 days. You change RNA with phosphorus then DNA follows.
Suicidal Emotions Prevention

To Prevent Suicidal emotions prepare Gans water mixture drink as follows:
4 parts ZnO + 3 parts CO$_2$ + 1-2 parts CH$_3$

People keep creating the problems and ZnO and CO$_2$ helps against it. ZnO helps to dissolve emotions. CH$_3$ is energizer. It changes the body from alkaline to acid.
2-3 table spoons of drink should be given 3 times a day.
Breathing tube and a tube helmet with % 80 and %20 ZnO is recommended.
Alzheimer's Disease is a result of the painful memories of the past.

- To correct, balance the person with 50% CO$_2$ and 50% Zinc oxide Gans water. Give the Drink 3 times a day.
- Let the person inhale the plasma fields from the same mixture and spray the body also 3 times a day with the same mixture.
- Bring all the sweet and happy memories. If you want to reach them and bring the trust of pleasure back into their lives, bring them in contact with persons they like and thrust. Stimulate whatever that was positive for them.
- For the head area use Large Patch with Gans water (80% ZnO + 20% CO$_2$). It should be placed in the pillow case every night. For emotional release.
Healing Burned Skin

- Like ORANGE Put the skin of the healthy part over a «Plasma Field Transfer Cup» containing Gans of ZnO +CuO +CH₃ +Amino Acid.
- Transfer the energy to the water and put this water over the burned skin.
- You need CH₃ for energy. CuO muscle tissue to connect to neuro system. ZnO for emotional problems.
- You also spray Gans water of ZnO +CuO +CH₃ +Amino Acid mixture on the burned area, few times per day.
Eczama on the Skin

- Reason of Eczema is an effort to attract attention.
- Against eczema drink %50 CO₂ + %50 ZnO Gans water. (ZnO is for emotional release).
- Spray Gans water (CO₂ + CuO) to the skin frequently during the day.
Kidney Recovery

• To Recover a damaged kidney, put high concentration patches of \( \text{CO}_2 + \text{CuO} \) with a little \( \text{ZnO} \), over the kidney and lower concentration of the same to the front of the body. Wrap them tightly. (**CH}_3\text{ will not be used**) Keep it continuously for 6-15 days. Recovery is expected in 10-14 days.

• **You can also transfer with «Plasma Field Transfer Cup» containing Gans of (\( \text{CO}_2 \text{ ZnO} + \text{CuO} + \text{CH}_3 + \text{Amino Acid} \)) the healthy kidney energy from a family member to the sick kidney. You can drink the water or make patches strong for back and light to the front.

• Drink %50 \( \text{CO}_2 \) +%50 ZnO gans water; 5 ml, 3 times every day.

Blood goes to kidney which cleans the surface energy of emotions with ZnO.

Lymphatic system extracts the tocsins.
Feeding the Patience who can not eat

**FEEDING:**
- Put a large patch of
- (Food Gans mixture + CO$_2$) to the back of stomach
- CO$_2$ gans patch to the front of stomach
Addiction

• Breathing reduces urge for drug addiction.
• **Add ammonia drops** into breathing device. This also reduces smoking urge.
• Amino acid CO$_2$, ZnO and ammonia breathing device is advised.
Additional Tips

• **CO₂ + CH₃ helps for skin against vitiligo and hair loss and grey hair.** You can interfere with DNA and RNA. Spray Gans water mixture 3 times per day.

• You can bring kidney stones out of the body. You can also take a broken BONE chip out of the body.

• Most of the emotional defects are due to **phosphorus deficiency.**

• Gans of phosphorus changes emotions, correcting DNA. It is difficult to make. Use Plasma Field Transfer cup for phosphorus.

• Never forget the amino acid as well as human amino acid.
GENERAL WARNINGS

• In General keep three ganses in separate bottles CO$_2$-CuO - CH$_3$. You will have increased field balance.

• When you mix the three ganses you get different reaction field. Everything is available as it is but there is a gap in between.

• **Important thing is to use the correct Gans at the correct area; not mixing a multitude of Ganses unless it is recommended by experts.**

• Therefore **Mr. Keshe is not recommending mixing for body healing and also for magrav units** but for plants you can mix. Plants take what they need.
Following, you can find some application recommendations which we have previously circulated. But you can also use your imagination to create other designs.
Dr. Klaus Plasmtic First Aid Summary
Follow the principles very carefully

Plasmtic First Aid

Use GANS of:

<table>
<thead>
<tr>
<th>GANS</th>
<th>Effect</th>
<th>Metal 1</th>
<th>Metal 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>CO2</td>
<td>Nervous System = Emotions</td>
<td>Zinc</td>
<td>Nanocoted Copper</td>
</tr>
<tr>
<td>CuO2</td>
<td>Lymp System = Physicality, disinfection</td>
<td>Copper</td>
<td>Nanocated Copper</td>
</tr>
<tr>
<td>CH3</td>
<td>Blood System = Energy</td>
<td>Iron</td>
<td>Nanocated Copper</td>
</tr>
<tr>
<td>ZnO</td>
<td>Focus on Emotions</td>
<td>Zinc</td>
<td>Nanocoted Zinc</td>
</tr>
<tr>
<td>CaO</td>
<td>Calcium for the bones</td>
<td>E.g. bone marrow of chicken bone, add caustic + boiled water, wash it, add CO2</td>
<td></td>
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</tbody>
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Amino Acid: Connects to your body
Collect on top of container.

Nanocat Copper by force with torch
(1) take copper wire, (2) use torch (3) heat copper until shiny silver/gold (4) move flame slowly (5) let it cool (6) repeat 3 times+

Systems to use GANS-Water:
1 spray 2 compress 3 drink 4 inhale 5 bath 6 stand & lay between 7 rotate & protect

Make GANS-water
-12-15 grams/50ml of distilled water

Make GANS-water
- 24h later
1) Collect Amino Acid Layer with Spoon
2) 5 times: Remove Salt Water. Add distilled water. 3) Now you can refill as often you want. For body use only GANS-water.

Nanocat Copper by caustic
(1) Caustic Bath: (a) place copper wire/plates in container (b) cover bottom slightly with NaOH (c) put cover on container with gap, pure hot water in (d) close gap (e) Wait 0.5h
(2) Caustic Steam: (a) cover bottom slightly with NaOH (b) hang copper wire/plate in container (c) put cover on with gap, pure hot water in (d) close gap (e) Wait 4h+
(3) Curing/Drying (3 days+) (a) empty water (b) every 4-6h touch wireplate with Voltmeter (c) do the same on both ends for some seconds

Make and Use Patch:
(1) Put CuO GANS-water in a bottle add a few drops of the CuO GANS-Water (also other GANS-waters possible) (2) Put 10-15 ml of prepared water on house-hold paper (e.g. with syringe), put it e.g. in ZIP-LOCK. Press of remaining air, close (3) Label. Apply on painful location. Better use 2 sheets of different gases or 2 patches at once + 1 at other side

Make and Use Pain Pen:
(1) Take straight copper wire, (2) take one end and (3) Take another piece, make a coil at least 18 windings, counter-clockwise (e.g. take screwdriver, lay wire on it, turn right), bend one end and (4) Make a squared coil like first but with larger diameter (5) Put all 3 mico each other and coat with flat or caunce (6) Wrap adhesive tape or put in plastic/glass tube. Apply on affected areas for 30-40 seconds daily, up to 5x. Nanocat single coil or straight wire:

Water Purification
Add to contaminated water

1. CuO/100l use 50% of tap-water
2. add water container (a) set it down, (b) put water container (b) repeat 3 times

Electromagnetic Contamination
Place “Infinity Loop” on devices:
Take stranded nanocated copper wire & form as “sight”

Chemical Contamination
Place “Infinity Loop” on devices:
Take stranded nanocated copper wire & form as “sight”

Radioactive Contamination
Place “Infinity Loop” on devices:
Take stranded nanocated copper wire & form as “sight”

Always use chemical resistant protective gloves and safety glasses, when dealing with NaOH or nanocated material! Never consume or eat any GANSes! Try at your own risk!
Practical Chest and Stomac Kidney Application

Front patches with light mixture of 50% CO₂ + 50% ZnO gans water

Back side patches with heavy mixture of 50% CO₂ + 50% ZnO gans water
Practical Stomac Kidney Prostate Application

Back side two patches with heavy mixture of %50 CO₂ + %50 ZnO Gans water

Front side patches with ligth mixture of %50 CO₂ + %50 ZnO Gans water
WRAP - AROUND PATCHES
FEMUR AND HIP JOINT REGENERATION GANS WATER + HEMOGLOBIN

Two middle patches with heavy mixture of CO₂+bone+egg shell+Mg also stick a small tube of heavy hemoglobin Gans

Two side patches with light mixture of CO₂+bone+egg shell +Mg gans water also stick small tube of ligth hemoglobin Gans
WRAP AROUND PATCHES FOR IMMUNITY BOOST WITH GANS WATER + HEMOGLOBIN
Hip joint and back problems - Incontinence and Irritable bowel syndrome - Abdominal pain

Front Side: **Light mixture** of 50% CO_2 + 50% ZnO

Back Side: **Heavy mixture** of CO_2 + ZnO + bone + eggshell + Mg gans water

For femur and hip joint regeneration
Examples of patches
Use your imagination

Large patches closed with scotch tape
Vacum patches
For the Whole body (Except Head) Large Patches for Massage Table Bottom
Strong Mixture of CO₂+ZnO Gans and Gans water.

Leave Spine Open
For the whole body Large Patch for Massage Table as blanket Weak Mixture of CO$_2$+ZnO and Gans water
8 ring Double Tube health Unit Inspired from Dr. Rodrigo - Gans Water of CO$_2$+ZnO
Dr. Klaus Design Tube Helmet for Head

CO₂, ZnO, and little Ca and Mg Gans water

Use for 1 hour, 2-3 times daily. Preferably used with Whole body Patches and breather tube.
Single Gans rings: Make Gans rings of CO$_2$+ZnO, CuO and CH$_3$ separately. Use them as required for the problem.

Don’t use metal connections in rings. Tube joint must be continuous to allow free circulation.
Mr. Keshe recommends the use of breathing pipe containing $\text{CO}_2 + \text{ZnO}$ Gans to accelerate recovery, in all applications.

(invented by Dr. Rodrigo)
Breathing pipe and Hooka

Stick CH₃ and CO₂+ZnO patches around a glass; place a drinking straw or tube and breathe through it. This reinforces the lungs (CH₃ Must NOT be used by cancer patients)

Breathing pipe with CO₂+ ZnO Gans water around the pipe.
If you wish, you can make your own hooka using one bottle and two pipes.
You can transfer Vitamin, Mineral and Supplement energy into water. Also, you can transfer healthy organ fields to be used for eating.
Plasma Energy Field Transfer into water for organ regeneration
We Thank Mr. M Keshe and Keshe Foundation Members for supplying the knowledge Freely and Willingly

We hope, you shall also benefit from this knowledge.

We WISH YOU HEALTY DAYS